



Health Behavior Assessment and Intervention

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Agenda

Health Behavior Assessment and Intervention

- Deletion of 6 codes: 96150, 96151, 96152, 96153, 96154, 96155
- Addition of 9 codes: 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171
- Addition of Guidelines

Adaptive Behavior Treatment

- Revision of parenthetical notes to 6 codes: 97153-97158



Health Behavior Assessment and Intervention

Deleted Codes (96150-96155): Rationale for Changes

- The Health Behavior Assessment and Intervention subsection has been revised to reflect:
 - ✓ Current clinical practice
 - ✓ Emphasis on interdisciplinary care coordination and teamwork with physicians in primary care and specialty settings has continually increased since the code family was first established in 2002.
- Therefore, codes 96150-96155 were deleted and replaced with a new family of codes.

Health Behavior Assessment and Intervention: Rationale for Changes

Guidelines

- The heading “Health and Behavior Assessment/Intervention” has been revised to more clearly describe the services in this subsection.
- Added guidelines to describe the difference between assessment and interventions, including definitions for health behavior assessment and health behavior intervention.
- Revised guidelines to reflect the deleted codes: 96150-96155 and the new codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, and 96171.

Health Behavior Assessment and Intervention: Guidelines

- ▶ Health behavior assessment and intervention services are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of physical health problems. ◀
- ▶ The **patient’s primary diagnosis is physical in nature** and the focus of the assessment and intervention is on factors complicating medical conditions and treatments. These codes describe assessments and interventions to improve the patient’s health and well-being utilizing psychological and/or psychosocial interventions designed to ameliorate specific disease-related problems. ◀

Health Behavior Assessment and Intervention: Guidelines (*continued*)

► Codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171 describe services offered to patients who present with primary physical illnesses, diagnoses, or symptoms and may **benefit from assessments and interventions that focus on the biopsychosocial psychological and/or psychosocial factors related to the patient's health status**. These services do **not** represent preventive medicine counseling and risk factor reduction interventions. ◀

Health Behavior Assessment and Intervention: Guidelines (*continued*)

► **Health behavior assessment** includes evaluation of the patient's responses to disease, illness or injury, outlook, coping strategies, motivation, and adherence to medical treatment. Assessment is conducted through health-focused clinical interviews, observation, and clinical decision making. ◀

Deleted Codes: 96150 (Assessment), 96151 (Re-assessment)

~~96150 — Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires) each 15 minutes face-to-face with the patient; initial assessment~~

~~96151 — re-assessment~~

► (96150, 96151, 96152 have been deleted. To report, see 96156, 96158, 96159) ◀

Health & Behavior Initial Assessment and Re-Assessment		Health Behavior Assessment or Re-Assessment	
2019 CPT® Code	2019 CPT Descriptor	2020 CPT® Code	2020 CPT Descriptor
96150	<i>Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires), each 15 minutes face-to-face with the patient; initial assessment</i>	96156	<i>Health behavior assessment, or re-assessment (ie, health-focused clinical interview, behavioral observations, clinical decision making)</i>
96151	<i>Health and behavior assessment (eg, health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires), each 15 minutes face-to-face with the patient; re-assessment</i>		

Health Behavior Assessment or Re-assessment (96156): Rationale for New Code

Code 96156 has been added to report behavior assessment, or re-assessment specific for health-focused clinical interview, behavioral observations, and clinical decision making.

- 96156 Health behavior assessment, or re-assessment (ie, health-focused clinical interview, behavioral observations, clinical decision making)

Clinical Example: Assessment or Re-assessment

A 65-year-old male with osteoarthritis, chronic back pain, and medication-related somnolence is referred for health behavior assessment to determine the psychological factors requiring intervention as part of the patient's overall treatment plan.

Health Behavior Assessment and Intervention: Guidelines


► **Health behavior *intervention*** includes promotion of functional improvement, *minimizing psychological and/or psychosocial* barriers to recovery, and management of and improved coping with medical conditions. These services emphasize active patient/family engagement and involvement. These interventions may be provided individually, to a group (two or more patients), and/or to the family, with or without the patient present. ◀

Deleted Code: 96152 Individual Intervention

~~96152 — Health and behavior intervention, each 15 minutes, face to face; individual~~

► (96150, 96151, **96152** have been deleted. **To report, see 96156, 96158, 96159**) ◀

Health & Behavior Individual Intervention		Health Behavior Individual Intervention	
2019 CPT® Code	2019 CPT® Descriptor	2020 CPT® Code	2020 CPT® Descriptor
96152	Health and behavior intervention, each 15 minutes, face-to-face; individual	96158	Health behavior intervention, individual, face-to-face; initial 30 minutes
		+ 96159	Health behavior intervention, individual, face-to-face; each additional 15 minutes (List separately in addition to code for primary service)

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Health Behavior Individual Intervention (96158, 96159): Rationale for Changes

Codes 96158 and 96159 have been added to report individual, face-to-face health behavior intervention. Code 96158 is reported for the initial 30 minutes and code 96159 is reported in conjunction to code 96158 for each additional 15 minutes.

- 96158 Health behavior intervention, individual, face-to-face; initial 30 minutes
 - ▶ Do not report 96158, 96164, 96167, 96170 for less than 16 minutes of service. ◀
- + ● 96159 each additional 15 minutes (List separately in addition to code for primary service)
 - ▶ (Use 96159 in conjunction with 96158) ◀

Clinical Example—Individual Intervention


A 55-year-old female with heart disease, migraines, and hypertension is referred for health behavior services to improve patient treatment compliance and engagement in self-management.

Deleted Code: 96153 (Group Intervention)

~~96153 — Health and behavior intervention, each 15 minutes, face to face; group (2 or more patients)~~

▶ (96153 has been deleted. To report, see 96164, 96165) ◀

Health & Behavior Group Intervention		Health Behavior Group Intervention	
2019 CPT® Code	2019 CPT Descriptor	2020 CPT® Code	2020 CPT Descriptor
96153	Health and behavior intervention, each 15 minutes, face-to-face; group (2 or more patients)	96164	Health behavior intervention, group (2 or more patients), face-to-face; initial 30 minutes
		+ 96165	Health behavior intervention, group (2 or more patients), face-to-face; each additional 15 minutes (List separately in addition to code for primary service)

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Health Behavior Group Intervention (96164, 96165): Rationale for Changes

Codes 96164, 96165 have been added to report face-to-face group health behavior intervention. A group intervention consists of 2 or more patients. Code 96164 is reported for the first 30 minutes of service. Code 96165 should be reported for each additional 15 minutes of service in conjunction with 96164.

- 96164 Health behavior intervention, group (2 or more patients), face-to-face; initial 30 minutes
- ▶ Do not report 96158, **96164**, 96167, 96170 for less than 16 minutes of service. ◀
- + ● 96165 each additional 15 minutes (List separately in addition to code for primary service)
- ▶ (Use 96165 in conjunction with 96164) ◀

Clinical Example: Group Intervention


A 35-year-old obese post-bariatric surgery female with poor adherence to treatment regimens and multiple medical complications is referred for group health behavior intervention to improve post-surgery adjustment and treatment compliance.

Deleted Code: 96154 Family Intervention with Patient Present

~~96154 — Health and behavior intervention, each 15 minutes, face-to-face; family (with the patient present)~~

▶ (96154 has been deleted. To report, see 96167, 96168) ◀

Health & Behavior Family Intervention <u>WITH</u> Patient Present		Health Behavior Family Intervention <u>WITH</u> Patient Present	
2019 CPT® Code	2019 CPT® Descriptor	2020 CPT® Code	2020 CPT® Descriptor
96154	Health and behavior intervention, each 15 minutes, face-to-face; family (with the patient present)	96167	Health behavior intervention, family (with the patient present), face-to-face; initial 30 minutes
		+ 96168	Health behavior intervention, family (with the patient present), face-to-face; each additional 15 minutes (List separately in addition to code for primary service)

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Family Intervention with Patient Present (96167, 96168): Rationale for Revised and New Codes

Codes 96167, 96168 have been added to report face-to-face family health behavior intervention. In order to report these codes the patient must be present. Code 96167 is reported for the first 30 minutes of service. Code 96168 should be reported for each additional 15 minutes of service in conjunction with 96167.

- 96167 Health behavior intervention, family (with the patient present), face-to-face; initial 30 minutes

▶ Do not report 96158, 96164, **96167**, 96170 for less than 16 minutes of service. ◀

- + ● 96168 each additional 15 minutes (List separately in addition to code for primary service)

▶ (Use 96168 in conjunction with 96167) ◀

Clinical Example: Family Intervention with Patient Present


A 36-year-old married female diagnosed with breast cancer and undergoing aggressive chemotherapy and radiation therapy with poor adherence to treatment regimens and multiple medical complications is referred for family intervention to improve patient adjustment to the diagnosis and compliance with the patient's management and treatment plan.

Deleted Code: 96155 (Family Intervention without Patient Present)

~~96155 — Health and behavior intervention, each 15 minutes, face to face; family (without the patient present)~~

▶ (96155 has been deleted. To report, see 96170, 96171) ◀

Health & Behavior Family Intervention <u>WITHOUT</u> Patient Present		Health Behavior Family Intervention <u>WITHOUT</u> Patient Present	
2019 CPT® Code	2019 CPT® Descriptor	2020 CPT® Code	2020 CPT® Descriptor
96155	Health and behavior intervention, each 15 minutes, face-to-face; family (without the patient present)	96170	Health behavior intervention, family (without the patient present), face-to-face; initial 30 minutes
		+ 96171	Health behavior intervention, family (without the patient present), face-to-face; each additional 15 minutes (List separately in addition to code for primary service)

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Family Intervention without Patient Present (96170, 96171): Rationale for Changes

Codes 96170, 96171 have been added to report face-to-face family health behavior intervention. Reporting of these codes does not require the patient to be present. Code 96170 is reported for the first 30 minutes of service. Code 96171 should be reported for each additional 15 minutes of service in conjunction with 96170.

- 96170 Health behavior intervention, family (without the patient present), face-to-face; initial 30 minutes

▶ Do not report 96158, 96164, 96167, **96170** for less than 16 minutes of service. ◀

- + # ● 96171 each additional 15 minutes (List separately in addition to code for primary service)

▶ (Use 96171 in conjunction with 96170) ◀

Clinical Example: Family Intervention without Patient Present

The family of a 9-year-old boy diagnosed with type I diabetes is referred for intervention because of the patient's continuing refusal to self-inject his insulin and to test his own glucose levels.

Health Behavior Assessment and Intervention Guidelines

► Evaluation and management services codes (including counseling risk factor reduction and behavior change intervention [99401-99412]) should not be reported **on the same day** as health and behavior assessment and intervention codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171 **by the same provider.** ◀

► Health behavior assessment and intervention services (96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) **can occur** and be reported **on the same date** of service as **evaluation and management services** (including counseling risk factor reduction and behavior change intervention [99401, 99402, 99403, 99404, 99406, 99407, 99408, 99409, 99411, 99412]), **as long as the health behavior assessment and intervention service is reported by a physician or other qualified health care professional and the evaluation and management service is performed by a physician or other qualified health care professional who may report evaluation and management services.** ◀

Health Behavior Assessment and Intervention: Guidelines *(continued)*

► For health behavior assessment and/or intervention services (96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) performed by a physician or other qualified health care professional who may report evaluation and management services, see **Evaluation and Management or Preventive Medicine Services** codes ◀

Health Behavior Assessment and Intervention: Guidelines *(continued)*

► (Do not report 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171 in conjunction with 97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T) ◀

► Do not report 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171 in conjunction with 90785-90899 on the same date. ◀

► For patients that require psychiatric services (90785-90899), adaptive behavior services (97151, 97152, 97153, 97154, 97155, 97156, 97157, 97158, 0362T, 0373T) as well as health and behavior assessment and intervention (96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171), **report the predominant service performed.** ◀

Related Revisions: E/M—Counseling Risk Factor Reduction and Behavior Change Intervention Guidelines

► Health behavior assessment and intervention services (96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) should **not** be reported on the same day as codes 99401-99412. ◀

Related Revisions (97152)

97152 Behavior identification-supporting assessment, administered by one technician under the direction of a physician or other qualified health care

(97151, 97152, 0362T may be repeated on the same or different days until the behavior identification assessment [97151] and, if necessary, supporting assessment[s] [97152, 0362T], is complete)

(For psychiatric diagnostic evaluation, see 90791, 90792)

(For speech evaluations, see 92521, 92522, 92523, 92524)

(For occupational therapy evaluation, see 97165, 97166, 97167, 97168)

(For medical team conference, see 99366, 99367, 99368)

► (For health and behavior assessment/intervention, see **96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171**) ◀

(For neurobehavioral status exam, see 96116, 96121)

(For neuropsychological testing, see 96132, 96133, 96136, 96137, 96138, 96139, 96146)

Related Revisions (0362T)

0362T **Behavior identification supporting assessment**, each 15 minutes of technicians' time face-to-face with a patient, requiring the following components:

- administration by the physician or other qualified health care professional who is on site;
- with the assistance of two or more technicians;
- for a patient who exhibits destructive behavior;
- completion in an environment that is customized to the patient's behavior.

▶ (For health behavior assessment and intervention, see 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) ◀

Related Revisions (0373T)

0373T **Adaptive behavior treatment with protocol modification**, each 15 minutes of technicians' time face-to-face with a patient, requiring the following components:

- administration by the physician or other qualified health care professional who is on site;
- with the assistance of two or more technicians;
- for a patient who exhibits destructive behavior;
- completion in an environment that is customized to the patient's behavior.

▶ (Do not report 0373T in conjunction with 90785-90899, 96105, 96110, 96116, 96121, 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) ◀

Related Revisions

Education and Training for Patient Self-Management

(For medical nutrition therapy, see 97802-97804)

► (For health behavior assessment and intervention that is not part of a standardized curriculum, see 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171) ◀

(For education provided as genetic counseling services, use 96040. For education to a group regarding genetic risks, see 98961, 98962)

RUC Recommendations 2020: Health Behavior Assessment and Intervention

CPT Code	Description	Current wRVU	RUC Rec. wRVU	Final CMS wRVU
96156	Assessment/reassessment	N/A	2.10	2.10
96158	Individual Intervention, first 30	N/A	1.45	1.45
96159	each additional 15	N/A	0.50	0.50
96164	Group intervention, first 30 minutes	N/A	0.21	0.21
96165	each additional 15 minutes	N/A	0.10	0.10

RUC Recommendations 2020: Health Behavior Assessment and Intervention

CPT Code	Description	Current wRVU	RUC Rec. wRVU	Final CMS wRVU
96167	Family Intervention w/ patient, first 30 mins	N/A	1.55	1.55
96168	each additional 15	N/A	0.55	0.55
96170	Family Intervention w/o patient, first 30 mins	N/A	1.50	1.50
96171	each additional 15	N/A	0.54	0.54

Additional Items for Consideration

- Credentialing of QHPs providing health behavior assessment and intervention services
- Health behavior assessment in conjunction with psychological/neuropsychological testing



Adaptive Behavior Treatment

Adaptive Behavior Treatment (97153-97158): Rationale for Changes

- The parenthetical notes following codes 97158 have been revised to reflect:
 - ✓ The deletion of codes 96150-96155, 97127
 - ✓ The addition of codes 96156, 96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171, and 97129.

Adaptive Behavior Treatment (97153, 97154)

97153 **Adaptive behavior treatment by protocol**, administered by technician under the direction of a physician or other qualified health care professional, face-to-face with one patient, each 15 minutes

▶ (Do not report 97153 in conjunction with 90785-90899, 92507, 96105-96171, 97129) ◀

97154 **Group adaptive behavior treatment by protocol**, administered by technician under the direction of a physician or other qualified health care professional, face-to-face with two or more patients, each 15 minutes

(Do not report 97154 if the group has more than 8 patients)

▶ (Do not report 97154 in conjunction with 90785-90899, 92508, 96105-96171, 97150) ◀

Adaptive Behavior Treatment (97155, 97156)

97155 **Adaptive behavior treatment with protocol modification**, administered by physician or other qualified health care professional, which may include simultaneous direction of technician, face-to-face with one patient, each 15 minutes

▶ (Do not report 97155 in conjunction with 90785-90899, 92507, 96105-96171, 97129) ◀

97156 **Family adaptive behavior treatment guidance**, administered by physician or other qualified health care professional (with or without the patient present), face-to-face with guardian(s)/caregiver(s), each 15 minutes

▶ (Do not report 97156 in conjunction with 90785-90899, 96105, 96171) ◀

Adaptive Behavior Treatment (97157, 97158)

#97157 Multiple-family group adaptive behavior treatment guidance, administered by physician or other qualified health care professional (without the patient present), face-to-face with multiple sets of guardians/caregivers, each 15 minutes

(Do not report 97157 if the group has more than 8 families)

▶ (Do not report 97156, 97157 in conjunction with 90785-90899, 96105-96171) ◀

#97158 Group adaptive behavior treatment with protocol modification, administered by physician or other qualified health care professional, face-to-face with multiple patients, each 15 minutes

(Do not report 97158 if the group has more than 8 patients)

▶ (Do not report 97158 in conjunction with 90785-90899, 96105, 96171, 92508, 97150) ◀